



**Generosity 2026:
Growing
In
Faithfulness &
Thanksgiving**

Food Ministries at MPC
*How We Seek to Address
Food Insecurity
in Our Community*

A constant over the years is food insecurity - people are in need. At Massanutten Presbyterian Church, we seek to address food insecurity in our community - and beyond - with three key programs: our Food Pantry, the Blessings in a Bag program, and our Four-Cents-a-Meal offering.

The MPC Food Pantry

Along with other familiar resources, our Food Pantry regularly helps new clients, many with young children to feed. We have clients who care for elderly parents or who are raising their grandchildren. Some are experiencing health challenges. Many are older and on a fixed income. Most of our working-age clients are working, but just don't make enough to purchase all the groceries they need. Non-food items such as shampoo, soap, and diapers are necessary, and our clients are relieved when we can supply them. Over the last five years the number of clients has increased by more than 50%. Our Food Pantry provides an important role in our community. This ministry is made possible through your **intentional generosity**.



The Blessings in a Bag Program

Studies have shown that children learn better when provided with consistent nutrition. Massanutten Presbyterian Church has partnered with South River Elementary School in Grottoes to provide Blessings in a Bag - a program where bags are filled with non-perishable food/snacks for a child for the weekend. Many of the children that participate in the program are at home over the weekend while their parents are working

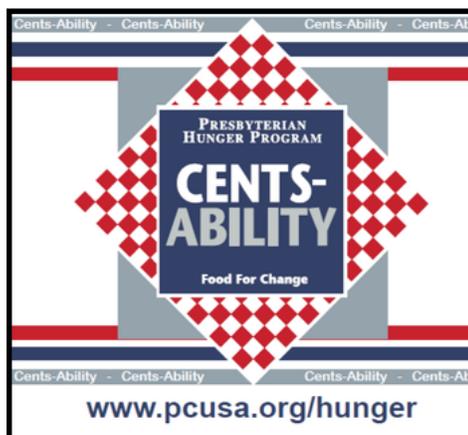


Blessings
IN A BAG

multiple jobs to support the family. The food can easily be warmed in a microwave, popped open and ready to eat. Food bags are delivered to the school ready to go home with the children on Friday. Bags are provided throughout the school year. Mt. Horeb Presbyterian Church assists by providing fruit cups and applesauce cups. A team of about 20 people assist with buying food, packing bags, and delivering bags. Our Youth at MPC are also involved and help pack bags approximately four times a year. While we have a steady set of bags we deliver, we also are there to provide help when circumstances change for a family. An example of a family that was helped last year was that of a father with four children who suddenly lost his wife to cancer. We were able to add those children to the delivery list and help at a critical time in that family's life. Your **intentional generosity** allows us to provide approximately 28 bags a week, averaging 1,050 bags in the school year at a cost of about \$4.00 per bag or about \$4,200 per year.

The Four-Cents-a-Meal Offering

The Four-Cents-a-Meal offering (also known as Cents-Ability) is part of the Presbyterian Hunger Program. It is another step in the battle against hunger and poverty. The simple act of contributing a few cents at every meal is an expression of thanksgiving for what we have received. It is also a commitment to share with others in response to Jesus' command, "You give them something to eat" (Matthew 14:16). When you bring your Four-Cents-a-Meal Offering to church on Sunday, February 15th, all of those coins "make a joyful noise unto the Lord" as they are received and dedicated. A quarter of the Four-Cents-a-Meal Offering stays at our church and is used for the Blessings in a Bag program. Seventy-five percent goes to the Presbytery, and they use it to fund programs that address hunger near and far. These small acts of **intentional generosity** add up: in 2025, folks at Massanutten Presbyterian Church donated \$6,285.11 through the Four-Cents-a-Meal offering - that's the equivalent of 144 people setting aside four cents for each of their three meals every day for a year.



*God of Abundance, help me
to be intentionally generous,
growing in faithfulness
and thanksgiving.*